

**USE  
IT UP™**

**LIKE YOUR  
GRANNY!**



# **ATHTHAMMA MANGALA'S FRIED RICE**



# ATHTHAMMA MANGALA'S FRIED RICE

A Recipe by Mangala DeSilva



Prep time



Cook time



Serves



Aththamma Mangala shares her Use It Up Fried Rice, with a Sri Lankan spin. This classic is sure to be a hit with the whole family!

## HOW

1. Grate carrot and XXX, dice cabbage and chop leeks and snow peas.
2. Heat butter in a large frypan over medium heat. Add vegetables to the pan, stirring until softened.
3. Make a hole in the centre of the pan and pour in the cracked egg, stirring until cooked.
4. Add rice and stir until heated through.
5. Top with cashews and sultanas and serve!

## NEED

Any vegetables  
you have.

Mangala uses:

1 leek,

1 carrot,

handful snow peas

1 swede and

1/8 cabbage

---

3 tbsp butter or oil

---

1 egg

---

4 cups cooked rice

---

1/4 cashews

---

Handful of  
sultanas



**SAVE FOOD.  
SAVE MONEY.  
SAVE THE PLANET.**