

LEFTOVER SAVOURY PANCAKES







Prep time

Cook time

Serves

NEED

BATTER

60g greek yogurt

185ml water

165g rice flour

1/2 tsp salt

1/2 tsp baking powder

1tbsp oil

TOPPINGS

Leftover meat

Corn

Carrot

Pickles

Or anything that needs using up

Use up leftovers from a roast, veggies, salad or anything you have. This recipe is so versatile that you can't go wrong!

HOW

- Whisk together all batter ingredients, let sit for 10 minutes.
- 2. Add oil to a non-stick pan on medium to high heat. Add 1/3 cup of batter or enough to cover the base with 3mm of the mix quite thin!
- 3. Add any leftover veggies on top (we've used some leftover chicken, corn and carrot) and cook until crispy, around 5 minutes.
- 4. Add your favourite condiments, salad toppings, crunchy nuts or whatever needs using up!

A Recipe by



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SAVE THE PLANET.