

# WHAT OUR CHARITIES TELL US

2025 Community Needs Survey



Nourishing Our Country



## THERE'S A CRITICAL GAP

between the need for support and resources available



# 77%

of charities reported an increase in demand in the last 12 months

# 31%

of people are asking for help for the first time

## DEMAND OUTWEIGHS SUPPLY

72% of charities need more food to meet demand

# 50,000+

people are unable to be supported with food each month

(48% increase from 2024)

“

Food insecurity is not just hunger – it's about dignity, choices, health and impossible decisions people face just to survive. The emotional toll is huge.

”



# 1,551

charities supported



# 1,200

on the waitlist to receive food



“We see parents who are not eating, so their children can”

# FOOD RELIEF IS AN ESSENTIAL LIFELINE



“  
If it wasn't for access to food relief, many would not know how they would survive.  
”



## NUTRITIONAL SACRIFICES

Food has become a luxury, not a necessity, with many unable to afford adequate nutrition



## PRESSURE POINTS

Housing affordability, low/insufficient income and grocery prices are the biggest challenges

These insights are taken from OzHarvest's annual Community Needs Survey.

874 charities responded, painting a clear picture of the real human cost of food insecurity in Australia.

For more information please contact  
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## WHO DO WE SUPPORT?

Families are consistently the biggest group who need help. Charities report seeing more people that are homeless, now forced to live in cars, tents and hotels due to cost of living.

