

WHY YOU SHOULD #FIGHTFOODWASTE



FOOD WASTE IS A GLOBAL ISSUE



THERE IS ENOUGH
FOOD PRODUCED
IN THE WORLD TO
FEED EVERYONE¹

**1/3 OF
ALL FOOD
IS WASTED
EVERY YEAR²**



**1 IN 9
PEOPLE DO NOT
HAVE ENOUGH
FOOD TO EAT³**



IF FOOD WASTE
WERE A COUNTRY
...

... IT WOULD BE
**THE 3RD
BIGGEST**

**EMITTER OF
GREENHOUSE
GASES⁴**

**ELIMINATING FOOD WASTE
WOULD BE EQUIVALENT TO
TAKING 1 IN 4 CARS
OFF THE ROAD**



WASTING FOOD WASTES EVERYTHING

EACH YEAR THE FOOD
WE WASTE CONSUMES:



**18%
OF CROP LAND**



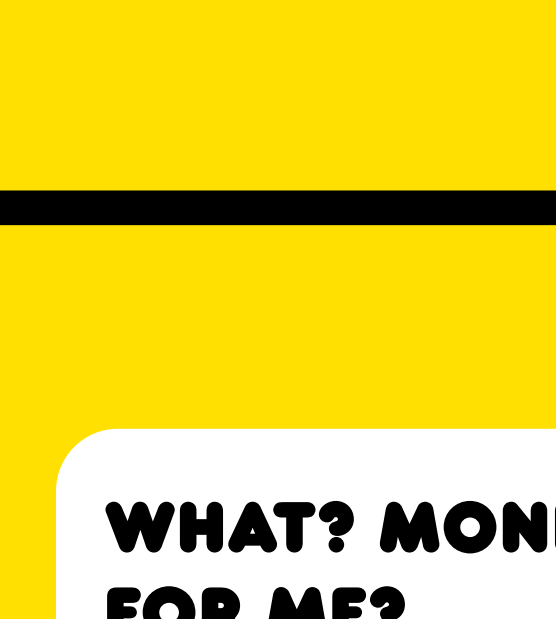
**21%
OF FRESH WATER**



**20%
OF SPACE IN
LANDFILL⁵**

FOOD WASTE IN AUSTRALIA

**FOOD WASTE
COSTS THE ECONOMY
\$20+ BILLION
EACH YEAR⁶**



**END HUNGER
NOW!**



**3.6 MILLION
AUSTRALIANS
HAVE EXPERIENCED
FOOD INSECURITY
EACH YEAR⁷**

**THE AVERAGE
FAMILY WASTES
\$1,000+
OF FOOD⁸**



**THAT'S
1 IN 5 SHOPPING BAGS
END UP IN THE BIN**



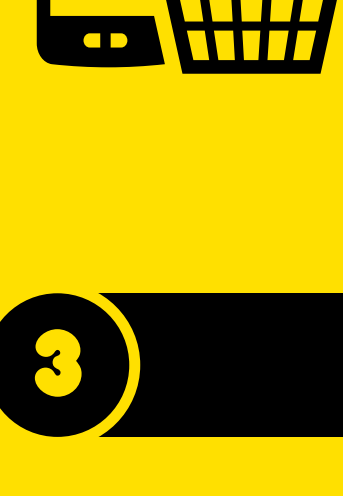
**ALMOST
50% OF ALL
FOOD WASTE
COMES FROM THE HOME**



BUT THE GOOD NEWS IS,
IT'S AVOIDABLE. SIMPLY
FOLLOW THESE STEPS:

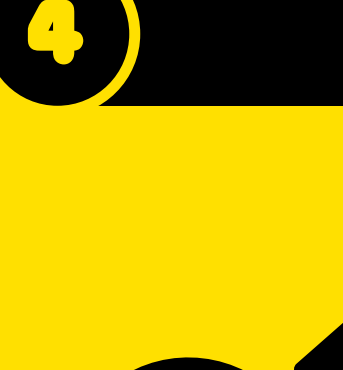
FIGHT FOOD WASTE AT HOME

1 LOOK



- > AT WHAT FOOD YOU HAVE
- > AT USE-BY DATES
- > AT YOUR WEEK AND PLAN MEALS

2 BUY



- > WHAT YOU NEED
- > SHOP WITH A LIST
- > AVOID THE DEALS

3 STORE



- > FOOD IN AIRTIGHT CONTAINERS
- > FRESH FRUIT AND VEG IN FRIDGE
- > FOOD FOR LATER IN THE FREEZER

4 COOK



- > WHAT YOU'LL EAT
- > WITH INGREDIENTS THAT NEED USING UP
- > EAT AND LOVE YOUR LEFTOVERS!

TOP 5 WASTED FOODS



**1
VEGETABLES**



**2
FRUIT**



**3
BREAD**



**4
BAGGED SALAD**



**5
LEFTOVERS**

BE PART OF THE SOLUTION #FIGHTFOODWASTE

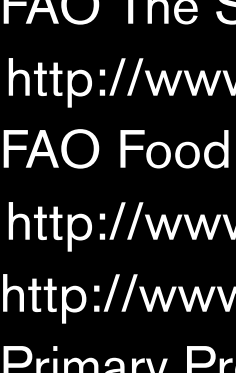


NOURISH OUR COUNTRY

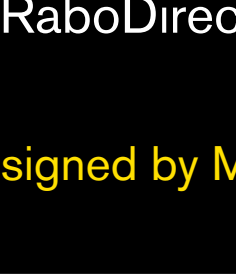
OzHarvest is Australia's leading food rescue organisation with a driving purpose to Nourish Our Country. We are working hard to rescue good food that would otherwise go to waste and deliver it to people in need, but there is still much work to be done.



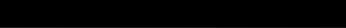
100+ TONNES
of quality surplus food saved
from landfill each week



3,000+ FOOD DONORS
including supermarkets, restaurants,
cafes, hotels, airports and food outlets



1000+ CHARITIES
received meals to feed the hungry



20 MILLION MEALS
delivered with love each year

OZHARVEST.ORG/FIGHTFOODWASTE

Reference

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<http://www.fao.org/save-food/resources/keyfindings/en>
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- <http://www.fao.org/platform-food-loss-waste/flwinfographics/en>
- Primary Production Food Losses: Turning losses into profit
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Designed by Mundane Matters.